

# "My 1<sup>st</sup> Sports League"

## Reminders

First day: Check in! Arrive approximately 10-15 minutes early

### "My 1<sup>st</sup> Sports League"

This is a Parent/Child Group. Each child must have a "coaching" parent present that is willing to go to each station throughout the program. No Child drop offs.

### Attire & To Bring

1. Wearing Sneakers is highly recommended.
2. We provide team t-shirts and all other equipment.
3. Bring plenty of water! Optional: Snack for your own child.

### Weather

Dress for the weather. It can change hour to hour. If there is a cancelation, you will be notified via email and posted on our website at: [www.SportsMixKids.com](http://www.SportsMixKids.com)

### Parents

Please no parent outbursts. Any concerns or questions are to be directed to SportsMix Staff, not to instructors. Thanks for understanding!

Remember...you are your child's role model and they will ALWAYS be watching & learning from you!

*Have Fun. Play Sports!*